

hospital2home.org

A PROGRAM OF NEVADA SENIOR SERVICES

Dementia Capable Care Transitions: Better Care and Better Outcomes

Stakeholder Newsletter

STAKEHOLDER CONFERENCE PLUS LIVING ALONE SOLUTIONS SUMMIT SCHEDULED - January 15, 16 Las Vegas and January 18 Reno

Planning has started for Annual Stakeholder Conference scheduled for January 15, 2019 in Las Vegas. Please look for “Save the Date” invitation and details in the near future. Living Alone with Alzheimer’s: A Solutions Summit is tentatively scheduled for January 16, 2019 in Las Vegas and January 18, 2019 in Reno.

The Living Alone with Alzheimer’s day-long summit will address challenges presented by persons are living alone with cognitive impairment. Breakout sessions for health care providers and first responders will focus on problem identification and solution building. The Solutions Summit is presented by Cognitive Solutions LLC in collaboration with Nevada Senior Services, HealthInsight and the Nevada Hospital Association.

CARE TRANSITIONS NEWS: Dementia Capable Hospital2Home Care Transitions Expands



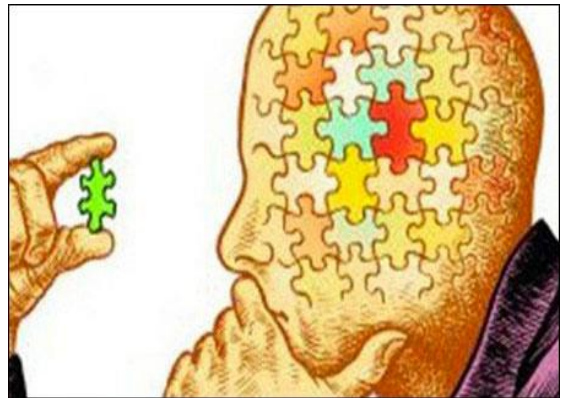
Valley Hospital Medical Center and Summerlin Hospital Medical Center join Desert Springs Hospital Medical Center as Dementia Capable Hospital2Home Care Transitions sites. As part of the roll-out, Cognitive Solutions, LLC will present “Thinking About Thinking”, a half-day seminar for Leadership and Medical Staff at both hospitals (November 8th & 9th), reviewing the key role that cognition plays in patient success in the acute care environment.

The program will present key data, trends and evidence-based practices, about improving care for those who have or are cognitively impaired by delirium, Alzheimer’s disease or a related disorder. During the seminar enlightened approaches to caring for patients with cognitive impairment within the healthcare system will be presented.

The Valley Health System, a valued collaborator and partner since the inception of Dementia Capable Hospital2Home, plans to continue to implement the program at Spring Valley Hospital Medical Center, Centennial Hospital Medical Center and Henderson Hospital in upcoming months.

COLUMN: Thinking About Thinking Launches

Thinking about Thinking, brief blog launched as an on-going feature of the Hospital2Home website and this newsletter. This effort to stimulate thought about dementia targets health care professionals and was originally suggested by Valley Health System which will be a regular feature in their physician publication.



The first installment is **Should Cognition be the 6th Vital Sign?** This morning in health settings all over the world blood pressure, respiration, temperature and pulse are being measured, and in many places persons are being asked about their level of pain on a ten-point scale or by pointing at a picture. This information gives a present snapshot of our health and tracked over time provides useful information for

ourselves and our health professionals. The signs are easy to do, easy to explain and universal.

Is it time for cognition—our thinking—to make this list? We don't think of our brains in the same way as the rest of our body but for most of us it is our biggest organ. Our memory, executive function and processing are all vital to help us manage other health conditions. We also know that with population aging on a scale never seen in human history there is the related risk of Alzheimer's and other dementia as well as problems with thinking in older persons that are more easily explained, and lives improved.

The medical profession has rightly been cautious toward adopting routine cognitive testing in the elderly population, but cognitive testing within the Medicare Annual Wellness visit has been picking up steam. <https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNMattersArticles/downloads/MM7079.pdf>

Given the stakes, tracking our health in many domains just makes sense.

You will find regular Thinking about Thinking postings as well as our “dementia factoids” on our Hospital2Home website <http://hospital2home.org/>.

OTHER NEWS:

Dealing with Dementia: Workshop November 15

Nevada Senior Services was selected to participate in a new Rosalynn Carter Institute for Caregiving (RCI) program called Dealing with Dementia - a four hour workshop in a classroom setting for either family or professional caregivers of people living with dementia. The program provides The Dealing with Dementia Guide, a 360 page comprehensive manual for dementia caregivers.

We are offering **Dealing with Dementia on Thursday, November 15, 2018 from 12:30 pm – 5:30 pm.**

Please RSVP to Paige Wilson 702-331-5570 or pwilson@nevadaseniorservices.org.

September Spanish Initiative

An intensive effort to enhance the capability to better serve the Spanish speaking community continued. Marissa Roa, (care transitions) and Pita Rizzo (respite coach) will be

conducted outreach in the Spanish speaking community and translated program materials into Spanish.

ADI-SSS Program Support Sustainability

The National Alzheimer's and Dementia Resource Center (RTI) organized, as a follow-up to the July ADI Site Visit, a grantee conference call to address sustainability pathways through billing for services. Four grantees engaged in a useful exchange of information and the establishment of contacts for ongoing collaborative dialogue.

Meetings and Presentations

2018 National Adult Day Services Conference – 60 minute presentation “Advocacy and Service: Forging Collaboration with Hospitals to Reduce Readmission and Improve Lives” September 28, 2018 Jeffrey Klein joined by Sue McShane Paul, OTR/L.

HealthInsight Nevada Partnership for Value-Driven Healthcare (NPV) Steering Committee October 15, 2018 Presentation “Dementia Capable Hospital2Home” Jeffrey Klein

2019 Aging In America Conference (April 16, 2019) Presentation: "Implementation of Integrated Medical and Social Services for Vulnerable Older Adults" by the Rush University Medical Center Bridge team (Walter Rosenberg, Bonnie Ewald, Michelle Newman, Hileia Seeger, Matthew Vail) and Nevada Senior Services (Jeffrey Klein).

CARE TRANSITIONS OUTCOME FACT:

NEVADA READMISSION RATE = 51%

NSS CARE TRANSITIONS READMISSION RATE = 0%

Source: Health Insight, October 2018

Impact Factoid: Dementia Rarely Travels Alone

Dementia Capable Care Transitions Staff:

Justine Perez, LSW, Care Transitions Specialist

Ashley Martin, In-Home Respite Manager

Paige Wilson, Health Educator

Peggy Gutting, Lead Options Counselor

Marissa Shoop, CPI Manager / Project Manager

Pita Rizzo, Respite Coach

HOSPITAL2HOME: DEMENTIA CAPABLE CARE TRANSITIONS

Dementia Capable Care Transitions, supported by a 3 year grant from the Administration for Community Living, is an innovative and much needed initiative to develop and implement an evidence-based care transitions model targeting the dementia population. Addressing this critical need opens a door for families to receive critical support during their transition from hospital to home. This is very important for families with over-stressed care givers and is a model for all chronic diseases across the lifespan. We recognize that persons living alone with a dementia and persons with IDD represent special challenges to us in developing an effective model. We also recognize that this journey will raise important public policy questions that will need to be addressed

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